



ABN 88 276 822 839

LGB FITNESS
"Life's Getting Better"
 Personal training and group exercise specialists

PRICELIST NUTRITION

ADMINISTRATION

2 ORION STREET, ENGADINE, NSW, 2233

Customer	Contact Details/Address				
DESCRIPTION	TABLETS, CAPSULES, CREATINE, GLUTAMINE, BCAA & POWDER	LGB MEMBER PRICE	RETAIL PRICE	UNIT ORDER	PRODUCT-NUMBER
Tablets & Capsules					
Triandrobol 2.0 with ZMA	Tribulus 60% saponins Guaranteed, Red Clover, Wild Yam & ZMA	\$89.95	\$99.95		
Lipoburn Hardcore 120 capsules	Hardcore Thermogenic - While Stock Last	\$71.95	\$79.95		
Lipoburn Hardcore 240 capsules	Hardcore Thermogenic - While Stock Last	\$130.45	\$144.95		
Hydroxyburn Hardcore 90 capsules	NEW Hardcore Thermogenic	\$53.95	\$59.95		
Hydroxyburn Hardcore 180 capsules	NEW Hardcore Thermogenic	\$107.95	\$119.95		
BODY Shaping Formula for Women 90 Capsules	Natural weight loss Supplement for Women—Green Tea, Carnitine & More	\$40.45	\$44.95		
CLA 90 Softgel Capsules	Omega 6 Nutritional Fat	\$53.95	\$59.95		
Multi VMA - 30 Tablets	Highest Potency Caffeine & Gluten Free—1 Month Supply	\$17.95	\$19.95		
Multi VMA - 60 Tablets	Highest Potency Caffeine & Gluten Free—2 Month Supply	\$35.95	\$39.95		
Regener8 120 Softgel Capsules	Joint Capsule Formula—Glucosamine, Chondroitin, Msm & More	\$58.45	\$64.95		
Meliobol BCAA 2200 - 100 Capsules	Research backed 2:1:1 BCAA Ratio—Branch Chain Amino Acid Capsules	\$34.15	\$37.95		
Meliobol BCAA 2200 - 300 Capsules	Research backed 2:1:1 BCAA Ratio—Branch Chain Amino Acid Capsules	\$80.95	\$89.95		
Powders Creatine & Glutamine + Specialised Athletic Formulas					
Myocitin 1kg Lemon Lime	University Tested Creatine Formula	\$62.95	\$69.95		
Myocitin 1kg Orange	University Tested Creatine Formula	\$62.95	\$69.95		
Myocitin 1kg Blue Lemonade	University Tested Creatine Formula	\$62.95	\$69.95		
Myocitin 1kg Raspberry	University Tested Creatine Formula	\$62.95	\$69.95		
Myocitin 2.5kg Lemon Lime	University Tested Creatine Formula	\$125.95	\$139.95		
Myocitin 2.5kg Orange	University Tested Creatine Formula	\$125.95	\$139.95		
K-OS Violent Red 330g	NEW Ultimate Pre Training Supplement	\$107.95	\$119.95		
K-OS Screamin Green 330g	NEW Ultimate Pre Training Supplement	\$107.95	\$119.95		
Pure L-Glutamine 300gm	Rice Fermented Glutamine	\$35.95	\$39.95		
Pure L-Glutamine 500gm	Rice Fermented Glutamine	\$58.45	\$64.95		
Pure L-Glutamine 1Kg	Rice Fermented Glutamine	\$107.95	\$119.95		
Powders—100gm Range					
Carnitine Tartrate 100g	Energy—Fatty Acid Transport	\$67.45	\$74.95		
Micronised Creatine Monohydrate 100g	Cell Volume Pure Creatine	\$13.45	\$14.95		
Beta Alanine 100g	Instant Strength & Power	\$26.95	\$29.95		
Body For Women Range - Capsules					
BODY Shaping Formula For Women 90 Capsules	Natural weight loss Supplement for Women—Green Tea, Carnitine & More	\$40.45	\$44.95		
Body For Women Protein					
BODY for Women 500g Swisse Chocolate	Women's Body Shaping Protein Formula	\$31.45	\$34.95		
BODY for Women 500g Vanilla Cream	Women's Body Shaping Protein Formula	\$31.45	\$34.95		
BODY for Women 500g Summer Berries	Women's Body Shaping Protein Formula	\$31.45	\$34.95		
BODY for Women 500g café Latte	Women's Body Shaping Protein Formula	\$31.45	\$34.95		
BODY for Women 500g Banana Smoothie	Women's Body Shaping Protein Formula	\$31.45	\$34.95		
Body For Women Shake 'n' Take's					
Shake 'n' Take Body For Women Swisse Chocolate	Sgle Serve BSc Shaker with Mixer Ball	\$6.95	\$7.95		
Shake 'n' Take Body For Women Vanilla Cream	Sgle Serve BSc Shaker with Mixer Ball	\$6.95	\$7.95		
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DESCRIPTION	PROTEIN POWDERS, SHAKER N TAKES, SHAKER CUPS	LGB MEMBER PRICE	RETAIL PRICE	UNIT ORDER	PRODUCT-NUMBER
Protein Powder Solutions					
Hydroxyburn Pro 900g Chocolate	Lean + Ripped Protein Formula	\$67.45	\$74.95		
Hydroxyburn Pro 900g Caramel	Lean + Ripped Protein Formula	\$67.45	\$74.95		
Hydroxyburn Pro 900g Strawberry	Lean + Ripped Protein Formula	\$67.45	\$74.95		
Hydroxyburn Pro 3kg Chocolate	Lean + Ripped Protein Formula	\$107.95	\$199.95		
Hydroxyburn Pro 3kg Caramel	Lean + Ripped Protein Formula	\$107.95	\$199.95		
Hydroxyburn Pro 3kg Strawberry	Lean + Ripped Protein Formula	\$107.95	\$199.95		
Whey Protein Isolate 900g Chocolate	Low Carb High Protein WPI	\$79.15	\$87.95		
Whey Protein Isolate 900g Vanilla	Low Carb High Protein WPI	\$79.15	\$87.95		
Whey Protein Isolate 3kg Chocolate	Low Carb High Protein WPI	\$207.95	\$230.95		
Whey Protein Isolate 3kg Vanilla	Low Carb High Protein WPI	\$207.95	\$230.95		
Mass Monster 1.75kg Choc Honeycomb	70:30 Protein Carb Ratio - Low GI	\$92.05	\$102.25		
Mass Monster 1.75kg Vanilla Nougat	70:30 Protein Carb Ratio - Low GI	\$92.05	\$102.25		
Mass Monster 4kg Choc Honeycomb	70:30 Protein Carb Ratio - Low GI	\$197.95	\$219.95		
Mass Monster 4kg Vanilla Nougat	70:30 Protein Carb Ratio - Low GI	\$197.95	\$219.95		
Rapid Growth 2.25kg Chocolate	Fast + Slow Proteins, Carbs, BCAA's, Glutamine & Advanced Lipid Matrix	\$80.95	\$89.95		
Rapid Growth 2.25kg Cookie Dough	Fast + Slow Proteins, Carbs, BCAA's, Glutamine & Advanced Lipid Matrix	\$80.95	\$89.95		
Rapid Growth 4.5kg Chocolate	Fast + Slow Proteins, Carbs, BCAA's, Glutamine & Advanced Lipid Matrix	\$161.95	\$179.95		
Rapid Growth 4.5kg Cookie Dough	Fast + Slow Proteins, Carbs, BCAA's, Glutamine & Advanced Lipid Matrix	\$161.95	\$179.95		
Nitrovol 1.75kg Chocolate	Complete Post Training Meal—Glutamine, Creatine, Arginine	\$99.95	\$111.95		
Nitrovol 1.75kg Iced Coffee	Complete Post Training Meal—Glutamine, Creatine, Arginine	\$99.95	\$111.95		
Nitrovol 1.75kg Vanilla Cream	Complete Post Training Meal—Glutamine, Creatine, Arginine	\$99.95	\$111.95		
Nitrovol 4kg Chocolate	Complete Post Training Meal—Glutamine, Creatine, Arginine	\$215.95	\$239.95		
Nitrovol 4kg Vanilla Cream	Complete Post Training Meal—Glutamine, Creatine, Arginine	\$215.95	\$239.95		
Shake 'n' Take's					
Shake 'n' Take Body for Women—Choc & Vanilla	Sgle Serve BSc Shaker with Mixer Ball	\$6.95	\$7.95		
Shake 'n' Take Hydroxyburn—Caramel & Choc	Sgle Serve BSc Shaker with Mixer Ball	\$6.95	\$7.95		
Shake 'n' Take Mass Monster—Choc	Sgle Serve BSc Shaker with Mixer Ball	\$6.95	\$7.95		
Shake 'n' Take Nitrovol—Chocolate	Sgle Serve BSc Shaker with Mixer Ball	\$6.95	\$7.95		
Shake 'n' Take Rapid Growth—Banana	Sgle Serve BSc Shaker with Mixer Ball	\$6.95	\$7.95		
Shake 'n' Take WPI—Chocolate	Sgle Serve BSc Shaker with Mixer Ball	\$6.95	\$7.95		
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DESCRIPTION		PROTEIN POWDERS, SHAKER N TAKES, SHAKER CUPS	LGB MEMBER	RETAIL	UNIT	PRODUCT-
			PRICE	PRICE	ORDER	NUMBER
Protein Bars						
Protein Bar 65g Chocolate	High Protein: Low Carbohydrate		\$4.25	\$4.75		
Protein Bar 65g Cookies & Cream	High Protein: Low Carbohydrate		\$4.25	\$4.75		
Protein Bar 65g Chocolate X 12	High Protein: Low Carbohydrate		\$51.30	\$57.00		
Protein Bar 65g Cookies & Cream X 12	High Protein: Low Carbohydrate		\$51.30	\$57.00		
Lo-Carb Bar 55g Choc Caramel	Low Carbohydrate, Low Fat, Great Taste		\$4.05	\$4.50		
Lo-Carb Bar 55g Choc Coconut	Low Carbohydrate, Low Fat, Great Taste		\$4.05	\$4.50		
Lo-Carb Bar 55g Choc Caramel X 12	Low Carbohydrate, Low Fat, Great Taste		\$48.60	\$54.00		
Lo-Carb Bar 55g Choc Coconut X 12	Low Carbohydrate, Low Fat, Great Taste		\$48.60	\$54.00		
Mini Meal Bar 40g Fruit & Nut	Go Anywhere Snack Bar Great Taste		\$3.15	\$3.50		
Mini Meal Bar 40g White Choc Berry	Go Anywhere Snack Bar Great Taste		\$3.15	\$3.50		
Mini Meal Bar 40g Fruit & Nut X 12	Go Anywhere Snack Bar Great Taste		\$37.80	\$42.00		
Mini Meal Bar 40g White Choc Berry X 12	Go Anywhere Snack Bar Great Taste		\$37.80	\$42.00		
MULTI SPORT NUTRITION						
Description		Multi Sport Range, Sports Gels, Sports Drink, Recovery				
Fuel Series—Electrolyte Sports Drinks						
Fuel Series Advanced Sports Drink 500g Berry Blast	5 X Electrolytes, Magnesium, BCAA's & More- Advanced Sports Drink		\$22.45	\$24.95		
Fuel Series Advanced Sports Drink 500g Lemon Lime	5 X Electrolytes, Magnesium, BCAA's & More- Advanced Sports Drink		\$22.45	\$24.95		
Fuel Series Sports Drink 500g Berry Blast	Electrolyte Carbohydrate Sports Drink		\$11.25	\$12.50		
Fuel Series Sports Drink 500g Lemon Lime	Electrolyte Carbohydrate Sports Drink		\$11.25	\$12.50		
Fuel Series—Recovery Protein						
Fuel Series Recovery Protein 400g Chocolate	Carbohydrate,Protein, BCAA's & Vitamins Recovery Formula—Tastes Great		\$20.65	\$22.95		
Fuel Series Recovery Protein 400g Vanilla	Carbohydrate,Protein, BCAA's & Vitamins Recovery Formula—Tastes Great		\$20.65	\$22.95		
Fuel Series Recovery Protein 400g Banana Berry	Carbohydrate,Protein, BCAA's & Vitamins Recovery Formula—Tastes Great		\$20.65	\$22.95		
Fuel Series Recovery Protein 1.44kg Chocolate	Carbohydrate,Protein, BCAA's & Vitamins Recovery Formula—Tastes Great		\$62.95	\$69.95		
Fuel Series Recovery Protein 1.44kg Vanilla	Carbohydrate,Protein, BCAA's & Vitamins Recovery Formula—Tastes Great		\$62.95	\$69.95		
Fuel Series Recovery Protein 1.44kg Banana Berry	Carbohydrate,Protein, BCAA's & Vitamins Recovery Formula—Tastes Great		\$62.95	\$69.95		
Sports Gels						
Carmel Energy Gels 45g	Hi Carb, Beta Alanine & BCAA's		\$3.55	\$3.95		
Lemon Lime Energy Gels 45g	Hi Carb, Beta Alanine & BCAA's		\$3.55	\$3.95		
Chocolate Energy Gels 45g	Hi Carb, Beta Alanine & BCAA's		\$3.55	\$3.95		
EcoAde Sports Drink 1kg Lemon Lime	Electrolyte Sports Drink/Magnesium		\$31.45	\$34.95		
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PRODUCTS:

